

# Old Bristolian's RFC Mini & Junior Tour Guidelines

Please read these tour guidelines and share the information with your child. They are put in place to help ensure the safety and enjoyment of both children and adults at all times when on tour.

#### Purpose of tour

The purpose of the end of season tour is to bring together a number of squads to enjoy a weekend away. Team bonding is a key element to these weekends and, whilst there will be a strong rugby element, we will try to ensure that players and parents have a varied experience and try new things. Tour is a celebration of our fantastic club and the wide variety of characters and individuals who are members. We aim to provide a fun and safe environment in which we can all have an enriching and memorable few days away.

#### **Supervision**

Safety and child welfare is, above all, the main priority for your time away and, as such, each child is the sole responsibility of their parent or guardian when away on rugby tour. This covers all aspects of behaviour, safety, food and drink and general welfare whether at the venue or travelling. The only time when the club's officials will assume responsibility is during the field of play at rugby matches.

### Pre-tour - Parents responsibility

- ▶ Please complete all forms and make payments in a timely fashion.
- Provide full details of any dietary, disability and medical requirements so that we can establish any special arrangements needed

#### **Expectations of tourists**

Old Bristolian's RFC fully aligns itself with the RFU Code of Conduct which you will have been acquainted with upon joining the cub and a full version is available on the club website. In brief however, the following principles will apply:

- Remember you are representing your club and should behave appropriately and responsibly at all times
- All staff, tourists and parents/guardians must respect the rights, dignity and worth of every young person on tour and treat them equally.
- All adults must place the physical and emotional wellbeing of all young players above all other considerations.
- All tourists must treat each other with mutual trust and respect.

If you have any issues whilst on tour that you need addressing then please talk directly with your team manager and make sure that the overall tour manager is aware of any situations.

### **Bullying**

Bullying will not be tolerated whether mental or physical. Please report any incidents to the tour manager. If your child is found to be persistent then you will be asked to leave the tour.

### **Accommodation and Venue**

The tour organising committee will provide appropriate sleeping facilities which may include shared accommodation such as bunk rooms. Please ensure that you are prepared appropriately for your accommodation which will be highlighted by the organisers prior to leaving. If you have any specific requirements then please highlight them asap to the tour management who will try to accommodate requests. All tourist are required to wear appropriate night attire, especially in shared accommodation.

#### **Transport**

In the process of getting to your destination you may need to use a variety of different transport methods e.g. coach, ferry, plane. Please adhere to the specific rules of those forms of transport and remember that the child remains the responsibility of the parent/guardian at all times. Any parents travelling under their own steam shall take care of all associated costs and arrangements.

#### Catering

As part of the price, tour organisers will provide regular mealtimes. The standards may vary depending on location and venue and we recommend that you bring some supplies with you especially if you have larger or specific appetites. Pot Noodles are always a good idea as a warming snack.

### Briefing on arrival

There will be a formal briefing upon your arrival followed by time for familiarisation with your new surroundings. The briefing will include general Itineraries, rooming arrangements, emergency and fire procedures as well as emergency welfare procedure. Please make sure that you attend these briefings as they will be critical to your safe enjoyment of tour.

#### Insurance

The rugby club is covered by the RFU general liability insurance which covers all registered club members whilst on the field of play and under the control of one of our qualified coaches. If you require a more comprehensive cover for specific activities, travel or personal possessions then please make your own arrangements.

#### **Alcohol**

Alcohol will be available on tour but there are some strict rules to be considered. It is done so under the understanding that it is only allowed to be consumed by adults over the age of 18. No one is permitted to give anyone under that age any form of alcohol at any time. All adults who drink on tour are asked do so in moderation and that drunken or loutish behaviour simply will not be tolerated. If the welfare of any child is put at risk by any individual who is under the influence of alcohol then they will be asked to leave the tour with immediate affect. The club will not cover any costs for them returning home in this scenario. In extreme circumstances, we would consider informing the Police and upon the conclusion of the tour any transgressions would be investigated by the clubs disciplinary committee and appropriate action taken.

### Drugs

Any individual found using any illegal drugs (other than prescribed medicines) will be asked to leave the tour with immediate affect. The club will not cover any costs for them returning home in this scenario and the Police will be informed as a matter of course. Upon the conclusion of the tour any transgressions would be investigated by the clubs disciplinary committee and appropriate action taken.

# First aid

There will be a number of first aiders on tour including your immediate coach. There will also be provision at the venues we visit. Please identify any incidents immediately and please do not hesitate to call 999 if necessary.

### What to bring

Your tour committee will provide you with any specific kit list prior to leaving but as a basic, please ensure that you bring your playing kit including gum shield and boots. A variety of non playing kit will also be needed and we would recommend all manner of clothes for warm, wet and cold conditions. You are likely to spend considerable time outdoors. Please also bring toiletries and sun creams etc. Any activities will include any specific items needed.

## Personal possessions

It is the individual's responsibility to look after their own possessions. Please bear in mind that you may be in shared accommodation and there may be other parties at the facility. We would recommend high value items and large amounts of cash are not taken on tour.